

Rehabilitation Services

at Southern New Hampshire Medical Center

8 Prospect Street
Nashua, NH 03060

www.snhmc.org/medical/rehabilitationservices.htm

Our rehabilitation services help you to have a smooth transition from illness or injury to recovery. We offer a wide range of services, including audiology, physical therapy, occupational therapy, and speech/language pathology. Our rehabilitation centers provide consultations, assessments, therapy, classes, and treatments to help you achieve and maintain function.

Inpatient Services

Inpatient physical therapy, occupational therapy, and speech/language pathology services are available on the third floor at The Medical Center during your hospital stay.

Specialty Programs

We offer the following specialty programs at select outpatient rehabilitation centers. Please call the center that is most conveniently located for you. They will direct you to the appropriate location for services that fit your needs.

- Aquatic Therapy
- Feeding Team
- Graston Technique™
- Hand Therapy
- Hearing Aid Services
- Lymphedema
- Osteoporosis
- Pelvic Floor/Incontinence
- Sensory Integration
- Therapeutic Listening
- Unsedated Auditory Brainstem Response Testing
- Vestibular
- Wheelchair Assessment
- Women's Health Program
- Wound Care

Classes

We offer many community-based educational and exercise classes, including yoga, strength and balance for seniors, and pre- and post-natal exercise. For more information, call HEALTHMATCH at 603-577-CALL or visit our programs and education page at www.snhmc.org/programs.

Appointments and Insurance

A doctor's order is required for treatment. Your doctor may fax an order to the clinic of your choice and we will contact you for an appointment or you can contact the clinic of your choice directly. Prior to a visit with Rehabilitation Services, we recommend that you call your health insurance company to determine if the services are covered and if you need pre-authorization.

Outpatient Rehabilitation Centers

Southern New Hampshire Medical Center offers eight conveniently located outpatient rehabilitation centers. If you need assistance with transportation, please call the closest clinic to discuss your needs.

Nashua

460 Amherst Street
Nashua, NH 03063
Phone: 603-577-8400
Fax: 603-577-8405

Nashua Center for Healthy Aging Rehabilitation

280 Main Street, Suite 210A
Nashua, NH 03060
Phone: 603-577-3050
Fax: 603-577-3062

South Nashua

5 Merrit Parkway
Nashua NH 03062
Phone: 603-595-0230
Fax: 603-595-0936

Hudson

300 Derry Road
Hudson NH 03051
Phone: 603-598-0729
Fax: 603-598-0864

Pediatric Rehab Center

5 George Street
Hudson, NH 03051
Phone: 603-579-3601
Fax: 603-579-3607

Merrimack

696 Daniel Webster Highway
Merrimack, NH 03054
Phone: 603-429-8427
Fax: 603-429-1756

Milford

10 Jones Road
Milford NH 03055
Phone: 603-672-5209
Fax: 603-672-0557



Proud to be a part of

**Southern New Hampshire
Medical Center**

A HIGHER LEVEL OF CARE.

www.snhmc.org